

Full Report (All Nutrients) 45109868, MICHELINA'S, LEAN GOURMET, PENNE PRIMAVERA, UPC: 717854106504

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	227.0 g 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	250	110
Protein	g	--	--	10.01	4.41
Total lipid (fat)	g	--	--	5.99	2.64
Carbohydrate, by difference	g	--	--	39.00	17.18
Fiber, total dietary	g	--	--	2.0	0.9
Sugars, total	g	--	--	2.00	0.88
Minerals					
Calcium, Ca	mg	--	--	150	66
Iron, Fe	mg	--	--	1.79	0.79
Sodium, Na	mg	--	--	479	211
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	9.1	4.0
Vitamin A, IU	IU	--	--	300	132
Lipids					
Fatty acids, total saturated	g	--	--	3.496	1.540
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	16	7

Amino Acids

Other

Ingredients  
COOKED ENRICHED MACARONI PRODUCT (WATER, DURUM SEMOLINA [ENRICHED WITH NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, BROCCOLI, HALF AND HALF (MILK AND CREAM), YELLOW SQUASH, ZUCCHINI, PASTEURIZED PROCESS SWISS CHEESE (SWISS CHEESE [PASTEURIZED PART-SKIM MILK, CHEESE CULTURE,

SALT, ENZYMES], WATER, MILKFAT, SODIUM PHOSPHATE, SALT), PARMESAN CHEESE (PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), LESS THAN 2% OF RED BELL PEPPERS, MODIFIED FOOD STARCH, ASIAGO CHEESE (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES), PARMESAN CHEESE FLAVOR (PARMESAN CHEESE [MILK, STARTER CULTURE, SALT, ENZYMES], WATER, SKIM MILK POWDER, SALT), SALT, CANOLA OIL, POTASSIUM CHLORIDE, XANTHAN GUM, SPICE. *Date Last Updated by Company:* 05/18/2016